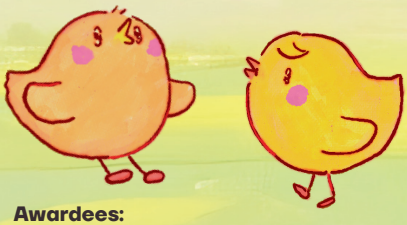
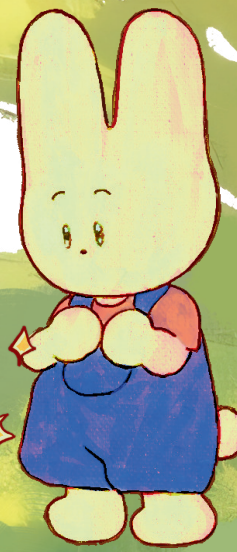
FUNG KAI NO.1 SECONDARY SCHOOL

BREAKING NEWS!

MULTIPLE TOP 10 AWARDEES FROM FK1SS!

To foster a culture of writing on campus, the English Department has been encouraging students to submit entries to the writing competitions organised by the Young Post Club. This academic year, thirteen students have already been listed among the Top 10 Awardees; we extend our congratulations to all the prize-winning students, and hope there will be more to come.





Awardees:

5A Zhang Xiao Han, Fannie
5A Cheng Pui Wa, Alina
5A Hu Xiaoying, Fidel
5A Huang Jinglin, Chocolate
5A Chow Ching Lim, William
5A Cheungjadee Chulawat
5A Liu Yuen Ting, Julie
5A Zhao Shuangfei, Angela
5B Tsang Ka Wing, Kayvin
5B Wong Chor Kiu, Yanki
4A Feng Yu Zhang, Kanna
4A Liu Yin Hong, Kevin
4A Cheung Tsz Lam, Elvis
3A Yao Lik Ming, Leon

School year survival strategies

Students share tips for acing the academic year, from staying organised and consistent to embracing positivity and seizing opportunities

1 This year, I aim to achie
subjects to make my fa
I will practise speaking
teachers and classmate
and not let them slip away.
Sammi Chan Sum-in, 12, S

2 Due to the unsatisfacto
results from my previou
am reminding myself to
excel this year. As a Forn
the first thought that con
each morning is how many days ar
university entrance exams. With the
already under way, I need to enhance
efficiency and revise more regularly. I bel
every hour spent learning will ultimately pay off.
Angelica Leung Man-ka, 15, Pui Kiu College

3 A key reminder for having a successful school year is to stay organised. Monitoring assignments, deadlines and schedules can reduce stress and enhance focus. Utilising planners or digital tools can help maintain this organisation and ensure nothing is overlooked.
Fannie Zhang Xiaohan, 16, Fung Kai No 1 Secondary School

4 I want to remind myself to do my
also taking breaks. Don't
be shy or afraid to try new things,
and remember that it's OK to seek
help from siblings and teachers.
Hailey Chan, 12, St Rose of Lima's College

5 I want to make the most of my situation. I believe that school is a microcosm of society, where the environment and resources available to each person are rarely equal. As a student from a non-elite background, the book *Solo Leveling* gives me the courage and confidence to fight for what I want. Just like in sports, when players who are behind still do their best to seize any chance to turn the game around. It is key to maintain the resolve to go all in.
Leah Lei, 16, Cognitio College (Kowloon)

6 As the material in school becomes more complex, I sometimes feel overwhelmed by the numerous assignments and assessments ahead of me. By reminding myself that learning is a lifelong journey and an essential preparation for society, I hope to cultivate greater enthusiasm for my studies. This mindset will help enhance my motivation, improve my learning efficiency and ultimately lead to better outcomes.
Valerie Chiu, 15, St Mary's Canossian College

8-14 Sep 2025

3 A key reminder for having a successful school year is to stay organised. Monitoring assignments, deadlines and schedules can reduce stress and enhance focus. Utilising planners or digital tools can help maintain this organisation and ensure nothing is overlooked.
Fannie Zhang Xiaohan, 16, Fung Kai No 1 Secondary School

International School

9 Set strict personal deadlines for yourself and stick to them. I learned about Parkinson's law in a book, which states that we tend to procrastinate on completing tasks until the deadline is almost upon us. By addressing tasks earlier, I can reduce my stress. I plan to apply this strategy to my homework.
Hayley Sum Yui-ching, 16, St Paul's Convent School

10 As a chronic procrastinator, crammer and perfectionist, I am reminding myself this school year that small, consistent efforts are more effective than one frantic all-nighter. Instead of getting overwhelmed the day before deadlines, my goal is to review my notes every day to truly understand the material rather than just memorising it at the last minute. I plan to maintain this mindset and free up time for what I love, like writing for Young Post and working on my non-profit organisation.
Sophia Ling, 13, German Swiss International School

THIS WEEK'S QUESTION

If you could create a question for the Top 10 section, what would you ask and why?

To send us your response, scan the QR code and fill out the form online by 12pm on Wednesday, September 10

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1 I would ask readers: "What is something everyone should know, but doesn't?" This is the perfect question that allows young people to share the knowledge they value most. Moreover, students can take inspiration from the winners' entries.
Cheung Yik-ham, 14, Pui Kiu College

7 "What is most essential for your life?" Everyone has their own activities, events, family, friends and values. But there should be one thing they prioritise. I'm curious about what is most important in people's lives, and I'd like to ask about their thoughts on this.
Jasmine Chau Tsz-chin, 16, Stewards Pooi Kei College

5 "What extracurricular activities do you want to join in this new school year?" Since it is time for us to decide which activities to attend, I am curious to know what other students are choosing.
Alina Cheng Pui-wa, 17, Fung Kai No 1 Secondary School

15-21 Sep 2025

4 find cheaper pri… schools will take note of this issue and help students by providing discounts.
Mckenzie Chu Hoi-fung, 15, Carmel Alison Lam Foundation Secondary School

…y asked

…ool, …e an …thesis …students …ore carbon …warming, plants …can help fix this.
Kevin Liu, 16, Fung Kai No 1 Secondary School

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Alina Cheng Pui-wa, 17, Fung Kai No 1 Secondary School

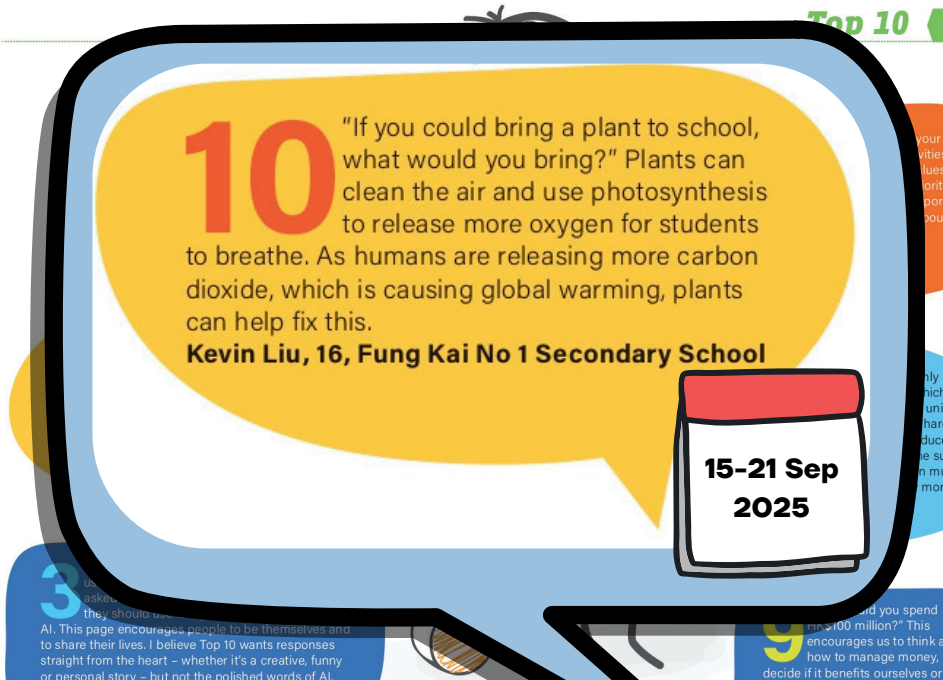
6 "If you could visit any planet in the solar system for one day, which one would it be?" I am a big fan of space, and I'd like to see others discuss the advantages and disadvantages of each planet. Of course, the visit is safe in this scenario, and you can bring anything you want.
Micah Wong, 13, Sha Tin College

THIS WEEK'S QUESTION

If you could invent a new school subject that is essential for life, what would it be, and why?

To send us your response, scan the QR code and fill out the form online by 12pm on Wednesday, September 17

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10 "If you could bring a plant to school, what would you bring?" Plants can clean the air and use photosynthesis to release more oxygen for students to breathe. As humans are releasing more carbon dioxide, which is causing global warming, plants can help fix this.
Kevin Liu, 16, Fung Kai No 1 Secondary School

15-21 Sep 2025

Your burning questions

Last week, we asked readers for questions they wanted to see on this page – here is what they asked

3 ... asked ... they should ... AI. This page encourages people to be themselves and to share their lives. I believe Top 10 wants responses straight from the heart – whether it's a creative, funny or personal story – but not the polished words of AI.
Charlene Wong, 13,
St Paul's Co-educational College

4 "How do we reduce the cost of buying textbooks?" Textbook prices are skyrocketing every year. Not all students can afford these overpriced textbooks. Besides this, the books keep changing every year. As a result, students cannot find cheaper prices by buying used textbooks. I hope schools will take note of this issue and help students by providing discounts.
Mckenzie Chu Hoi-fung, 15, Carmel Alison Lam Foundation Secondary School

5 "What extracurricular activities do you want to join in this new school year?" Since it is time for us to decide which activities to attend, I am curious to know what other students are choosing.
Alina Cheng Pui-wa, 17, Fung Kai No 1 Secondary School

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Micah Wong, 13, Sha Tin College

9 ... you spend HK$100 million?" This encourages us to think about how to manage money, decide if it benefits ourselves or others and set spending goals.
Uni Cheung Chi-yan, 14, Ho Yu College and Primary School

10 "If you could bring a plant to school, what would you bring?" Plants can clean the air and use photosynthesis to release more oxygen for students to breathe. As humans are releasing more carbon dioxide, which is causing global warming, plants can help fix this.
Kevin Liu, 16, Fung Kai No 1 Secondary School

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29 Sep–5 Oct 2025

8 The subject of astronomy. It sparks curiosity about the universe, encourages scientific thinking and helps students understand concepts related to space, planets, stars and the cosmos. Studying astronomy can make science more engaging and help students appreciate the complexity of the universe.
Kayvin Tsang Ka-wing, 16, Fung Kai No 1 Secondary School

I would add decision-making as a subject. Students would learn to analyse real-world dilemmas – ranging from managing personal finances and evaluating news sources to resolving interpersonal conflicts. The goal is to develop mental resilience and intellectual self-defence, empowering them to make wiser, more deliberate decisions in their lives. In a world filled with overwhelming information, this skill is essential for building a fulfilling and responsible life.
Idek Ngan Siu-hang, 16, Christian Alliance SC Chan Memorial College

manage… which is crucial for …
Kwong Ho-yin, 13, Ho Yu College and Primary School (Sponsored By Sik Sik Yuen)

…ounce …
…-ki, 17, Carmel …ndation …ol

2 "Emotional Smarts and Social Skills" would teach students to recognise and understand their own feelings. With a better understanding of themselves, students can manage their emotions more effectively. For instance, when they feel angry, they will learn to pause and think before acting. Social skills are equally important. Students will learn how to communicate effectively with others, both through verbal communication and body language. They will practise active listening – paying attention to what others say – asking questions a… nd demonstrating genuine care.
Joanna Lu Tsz-ning, 16, Christian Alliance SC Chan Memorial College

5 I would propose a "Life Studies" subject. It would foster a positive environment in schools while teaching essential skills such as communication, relationship-building, self-awa…ene… and other practical abilities that ar… valuable for students. This subject can help prepare students for life outside of school and enhance their ability to adapt to various situatio… Most importantly, it would make education more relevant and connect directly to the realities of daily life.
Oa Yang Tsz-ching, 12, Pui Kiu College

8 …subject of …onomy. It sparks curiosity about the universe, encourages scientific thinking and helps students understand concepts related to space, planets, stars and the cosmos. Studying astronomy can make science more engaging and help students appreciate the complexity of the universe.
Kayvin Tsang Ka-wing, 16, Fung Kai No 1 Secondary School

10 If I could create a new school subject that is essential for life, it would be fra… prevention. Young people to… day frequently use their phones, making them susceptible to scams. These lessons would be an effective way to teach students how to protect themselves and their property.
Li Tung, 14, Po Leung Kuk Tang Yuk Tien College

6 The topic of "Planting and Farming" goes beyond theoretical knowledge about crops; it emphasises practical methods of farming. I believe that these skills are fundamental aspects of our lives. Farming provides us with food, while planting shapes the landscape of our cities. Both are crucial parts of our existence and require complex skills that we often underestimate.
Chen Yuxin, 16, Po Leung Kuk Tang Yuk Tien College

3 I would include a topic on sleep. Today, children are involved in many extracurricular activities. They often go to these activities straight from school, sometimes not getting home until late. Sleep education would help children learn how to improve their sleep quality, understand the optimal times to go to bed and discover ways to ensure a restful night.
Zoe Lam Tsz-ching, 13, Tsuen Wan Public Ho Chuen Yiu Memorial College

THIS WEEK'S QUESTION:

"If you could visit any country for one day, which would it be and why?"

To send us your response, scan the QR code and fill out the online form by 12pm on Wednesday, October 1

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Life lessons that beat textbooks

Students propose school subjects that could transform education and prepare teens for real-world challenges

1 I would create a subject named "Life Skills and Well-Being". In today's fast-paced world, many students lack practical life skills. This subject would cover financial management, basic home repairs, cooking nutritious meals and mental health management. These skills are vital for independent living. Financial management helps students avoid debt and plan for the future. Home repairs save money and foster self-reliance. Cooking nutritious meals promotes health, and mental health management ensures emotional stability, which is crucial for overall well-being.
Kwong Ho-yin, 13,
Ho Yu College and Primary School (Sponsored By Sik Sik Yuen)

2 "Emotional Smarts and Social Skills" would teach students to recognise and understand their own feelings. With a better understanding of themselves, students can manage their emotions more effectively. For instance, when they feel angry, they will learn to pause and think before acting. Social skills are equally important. Students will learn how to communicate effectively with others, both through verbal communication and body language. They will practise active listening – paying attention to what others say – asking questions and demonstrating genuine
Joanna Lu Tsz-ning,
Alliance SC Cha

4 Cooking is an essential life skill because it saves money and ensures nutritious meals. Cooking can be challenging. Techniques such as frying, steaming and boiling require attention to detail, which can significantly affect the final dish. That's why I believe cooking should be taught as a new subject in schools.
Fidel Hu Xiao-ying, 16, Fung Kai No 1 Secondary School

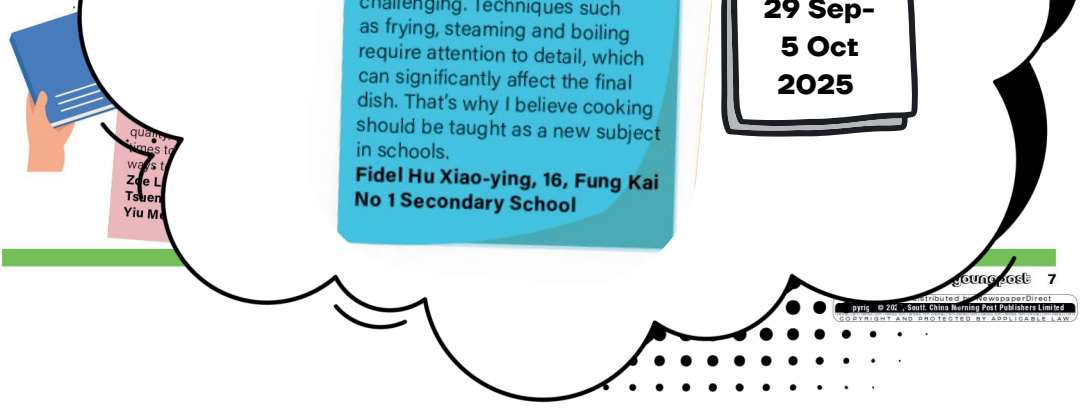
I propose a "Life Studies" ... It would foster a ... in ... skills such as ... relationships ... and other ... valuable for ... can help prepare ... for life outside of school and enhance ... various ...

7 I would introduce a new school subject called "Positive Thinking Education". This course would instil essential qualities in students that are crucial for future careers and life planning. Developing a positive attitude towards problem-solving is vital. Fostering a mindset of lifelong learning helps students bounce back from setbacks.
Kayle Chang Po-ki, 17, Carmel Alison Lam Foundation Secondary School

8 The subject of astronomy. It sparks curiosity about the universe, encourages ... thinking ... students ...

9 I would add decision-making as a subject. Students would learn to analyse real-world dilemmas – ranging from managing personal finances and evaluating news sources to resolving interpersonal conflicts. The goal is to develop mental resilience and intellectual self-defence, empowering them to make wiser, more deliberate decisions in their lives. In a world filled with overwhelming information, this skill is essential for building a fulfilling and responsible life.
Idek Ngan Siu-hang, 16,
Christian Alliance SC Chan Memorial College

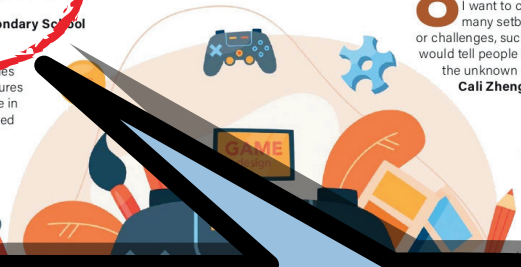
10 If I could create a new school subject ... is essential for ... would be ... people ... phones, ...



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Design and personalise a game

From social simulations that combat loneliness to playing boards about herbal teas, readers share the games they would design and why



27 Oct-2 Nov 2025

1 My grandpa used to tell me stories about his childhood: running through green fields, catching fireflies at night and picking wild fruits with his friends. But now he stays at home most days, and I want to bring those happy memories back to him. My game is called "Grandpa's Happy Journey". When he opens the game, he'll see a picture of his old village, just like he described it – with a small river, tall pine trees and a red-roofed house. The game will display a photo of our family having a picnic, mixing his old memories with our new happy times. I want this game to make him smile, remind him of his young days and let him know I listen to every word he says.
Chocolate Huang, 16, Fung Kai No 1 Secondary School

2 I would create a [illegible] children self-care skills. The game features a 12-year-old protagonist who must live in a house by himself for three days. He will need to cook lunch and dinner and do chores by himself. Kids these days are spoiled by their par[illegible] indepen[illegible] game c[illegible] the imp[illegible] themse[illegible] "Kong [illegible]
Tony C[illegible] Carme[illegible] Second[illegible]

3 [illegible] would be a s[illegible] players build[illegible] by solving p[illegible] The game would featu[illegible] neighbourhoods and i[illegible] special memories and[illegible] game would make el[illegible] they are not alone. Th[illegible] It should also enhanc[illegible] physical health. The p[illegible] could remind them to[illegible] have been sitting for[illegible] them to get up and m[illegible]
Jessie Li Jiaman, 17, Lau Pak Lok Second[illegible]

4 I would desig[illegible] about herbal[illegible] Traditional C[illegible] (TCM)'s popu[illegible] dwindling because it[illegible] less reliable than We[illegible] sometimes considere[illegible] running a herbal tea s[illegible] teenagers will enhanc[illegible] of herbs and gain TCM[illegible] engaging way. If that kn[illegible] down to the next generat[illegible] local culture will be promot[illegible]
Elva Cheung Hoi-ying, 16, Po Leung Kuk Tang Yuk Tien [illegible]

7 The game would be called "Campus Fun Adventure" and be crafted for Form One students. It would enable them to explore their schools, forge friendships and hone their problem-solving skills. Players can partake in diverse activities, such as joining clubs, attending classes and collaborating with teachers to enhance the experience.
Choy Nga-ching, 19, Immaculate Heart of Mary College

8 I would create a game for teenagers to play when they feel tired or want to relax. I hope it will make them happy. I want to create a game about a boy who experiences many setbacks but finally succeeds. I would add obstacles or challenges, such as monsters and other adventures. My game would tell people to never give up and encourage them to face the unknown with bravery and confidence.
Cali Zheng Zhiyang, 16, Tai Kwong Hilary College

9 I would design a game for secondary school biology students. The cards will have questions in different colours that represent different categories and difficulty levels. A sample answer sheet will be provided. Players will play "rock, paper, scissors" to choose who gets the cards. The person who [illegible] answer the questions on the cards. [illegible] stars. The [illegible] derstand [illegible] and [illegible]

1 My grandpa used to tell me stories about his childhood: running through green fields, catching fireflies at night and picking wild fruits with his friends. But now he stays at home most days, and I want to bring those happy memories back to him. My game is called "Grandpa's Happy Journey". When he opens the game, he'll see a picture of his old village, just like he described it – with a small river, tall pine trees and a red-roofed house. The game will display a photo of our family having a picnic, mixing his old memories with our new happy times. I want this game to make him smile, remind him of his young days and let him know I listen to every word he says.
Chocolate Huang, 16, Fung Kai No 1 Secondary School

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20-26 Oct 2025

1 ... wars." Wars are ... to immense los... innocents. Ima... attending school, ar... Bombs start falling ... feel? The most terrif... have time to think; y... But where should yo... people in war zones ... while we sit in schoo... it, children in other c... Therefore, I want to s... ensure that every ch...
Ka Long-wai, 14, Pu...

2 If I cou... to char... Global ... goal wo... fun idea... and bring them to ... a vision of a tortois... make it happen. Whi... like entertainment, it's ... educate teens about the im... break. We hope to raise money to support teen mental health and remind them to relax and enjoy life.
Shen Wei-chun, 15, Carmel Alison Lam Foundation Secondary School

3 I would form the Youth Mutual Aid Organisation. This organisation would assist individuals facing everyday problems that are not typically addressed by the police, firefighters or doctors. Those who receive help would also have the opportunity to share their experiences with others, fostering a culture of mutual support.
Feng Yu-zhang, 15, Fung Kai No 1 Secondary School

4 I would like to lead a movement called Touch Nature. Whether you are a student or already working, people are spending less time relaxing and more time studying and working. This busy lifestyle causes us to miss out on many amazing experiences in nature. As humans, we are a part of nature, so it's important for us to take time to connect with it. We can enrich our lives by appreciating the little things, like a beautiful flower or a playful kitten.
Cynthia Li Ying-yu, 16, GCC & ITKD Lau Pak Lok Secondary School

7 ... showcase their ... this desire, I w... called "Don't let money ... to stop purch... stead of spending ... ducts, we can invest ... quiring knowledge, trav... and broadening our horizons. ... our spirits and allow us to ... more effectively to society. Let's work ... make the world a prettier place.
Lai Y... ying, 17, PLK Mrs Ma Kam Ming Ch... ng Fook Sien College

10 ... wednesday holiday movement." In today's fast-paced world, people are constantly grappling with immense academic and professional pressure. While rest is essential for recovery, it is often insufficient. If I could start a youth-led movement, I would advocate making Wednesday a public holiday. This change would create a new rhythm that differs from our current tense lifestyle. After the weekend, people would only work on Monday and Tuesday before enjoying a day off. They would then return refreshed for Thursday and Friday, leading into the weekend. This break in the middle of the week would prevent burnout and sustain productivity.
So Yi, 16, Po Leung Kuk Tang Yuk Tien College



THIS WEEK'S QUESTION

If you could design a special game for someone, who would it be for and what would you create?

To take part, drop us a line via this form by 12pm on Wednesday, October 22.



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1 I saw two people wearing two shirts that had been sewn together so that it looked like one shirt with two sleeves. They each had one arm around the other person. Identical jeans and sneakers completed the costume. I think this is the most creative costume I have ever seen.
Tao Sum-yuet, 14, STFA Tam Pak Yu College



2 My favourite costume is the "Cereal Killer". It was brilliantly executed by someone wearing dark, stained clothes splattered with fake blood. Instead of carrying traditional weapons, they had miniature cereal boxes taped all over their outfit, each box strategically "stabbed" with tiny plastic knives. This costume was much more memorable than any standard one. Cereal is a staple of childhood mornings, yet here it was twisted into a macabre punchline. I think it made people laugh and do a double take at the absurdity of it all.
Kwok Hungxu, 17, GCC & ITKD Lau Pak Lok Secondary School



3 I saw a teenager dressed as Je… wa… ca… amazed r… from his f… wearing … on a mov… a decora… features … very impr…
Wong H… Lam Fou…



4 The most creativ… costume I have … who appeared t… own head on a … stunned when I … was both imagin… The trick behind it lies in ma… perception. The little girl cre… body that seemed taller than… look as if she was holding up…
Jessica Ye, 14, Fung Kai Li… Secondary School

5 I saw the most creativ… costume on social me… a girl dressed as a blo… to each door, saying, "Sorry… usual!" This elicited roars of… her neighbours, and some … candy bucket with extra tre… also raised awareness about … promoting open discussion for… that many people feel ashamed o… embarrassed about.
Alva Cheng Pui-yau, 13, Pui Kiu Colle…

7 The most creative Halloween costume I've ever seen was worn by a little boy who amazed everyone at the party. He was completely hidden inside two large boxes that were being carried by his father. No one knew he was inside – everyone just thought it was a stack of boxes. But when the lights dimmed, his father handed the boxes to someone else, and the boy suddenly jumped out. Everyone was startled.
Yu Pui-ying, 15, Tai Kwong Hilary College

8 Once I saw a family of three dressed up as *Harry Potter* characters. The parents were dressed as Hogwarts students, while their baby was dressed as a Mandrake. Mandrakes are plants known for their deadly cries that can knock people out, which humorously represented the baby's disruptive crying. It was a truly creative costume choice.
Liu Yuen-ting, 16,
Fung Kai No 1 Secondary School



…e most creative Halloween costume … seen is someone dressed as a bloody …hes. While it might …t first, the chilling …at occurred in …ent to the …makes the …g.

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Fung Kai No 1 Secondary School

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24-30 Nov 2025

PURSUING ATHLETIC DREAMS

The trend of younger generations striving to become future athletes has been on the rise. However, achieving success as a young athlete is not easy. In addition to determination and hard work, athletes often have to make significant sacrifices.

Being an athlete is more than just a hobby; it represents their dreams, futures and passions. The sacrifices they make enable them to pursue their aspirations freely. Living with a sense of purpose or a high-reaching goal often outweighs the satisfaction of following a traditional career path.

What stands out is that being an athlete uncovers significant potential and opens doors to global opportunities. Athletes often have the chance to travel internationally, which broadens their horizons and connects them with elite professionals worldwide.

While the intense competition may seem demanding in the short term, it frequently pushes young athletes to reach their maximum potential. This environment fosters resilience, a strong mindset and other qualities that benefit them well beyond their athletic careers.

In conclusion, the sacrifices young athletes make to achieve their dreams are indeed worthwhile.

Tsz Lam-Cheung, Fung Kai No
Secondary School

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In conclusion, the sacrifices young athletes make to achieve their dreams are indeed worthwhile.

Tsz Lam-chung, Fung Kai
Secondary School

VERTICAL DRAMA BOOM

Nowadays, vertical dramas are prevalent across various online platforms, including Chinese apps such as Douyin, Kuaishou and Bilibili, as well as TikTok and YouTube, which are currently banned in China.

Their popularity can be attributed to a single reason. The pace of modern life is accelerating, leaving people with little time to watch full-length films that often last several hours. Instead, they seek brief entertainment that lasts only a few minutes to fit into their breaks.

Vertical dramas are ideal for this purpose, featuring eye-catching plots such as sibling disputes over inheritance or a man disguised as a lowly cleaning staff member who surprises his bullies by revealing his true identity as the CEO of a major company.

While the plots are simple, they provide significant satisfaction to the audience. Each episode is short enough for viewers to enjoy even during brief moments. At the same time, these dramas can be so engaging that viewers may end up watching hundreds of episodes in a single day. However, vertical dramas do not pose a threat to the film industry, as their positioning differs significantly. People are still willing to pay for high-quality films.

Eva Leung, Pope
Paul VI College



Cheung

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You are not alone

Our readers share their words of support and encouragement for victims of the fire in Tai Po

1 Our hearts are with you during this difficult time. Words cannot fully express our deepest care and condolences, but please know that you are not alone. The entire community is thinking of you and ready to offer support. May you find strength in your grief and comfort in our support. We wish you a speedy recovery and the restoration of peace and your homes.
Wong Sum-yee, 13,
Ho Yu College (Sponsored by Sik Sik Yuen)

2 Hongkongers' hearts are Tai Po. We see your loss inspired by the courage shown. You are surrou a caring community; pl help if you feel sorrow. You do difficult road alone – Hongko your pain and stand with y
Andy Yiu Chi-hang, 14, K

3 It is regrettable that thi but you've been very b all the best for the futu happiness, that you ca sound with your families and t rebuild your homes as soon a
Law Wai-ching, 14, Pope Pa

4 We empathise your hardships moment. The p losing your hon the sudden pa tragedy – plea bear them alone. Help fro city is rallying around you: psychological counselling forms of support to shelter the storm. Don't be afraid. always here for you, and w will soon emerge from the and rebuild your homes.
Jessica Ye, 14, Fung Kai Shek Tong Secondary S

5 It must be hard to recove incident. I am sure that the become shinier and full of ho I hope everyone stays safe and has a good rest. God bless.
Chloe Hung Man-yin, 17, Ma On Shan Tsung Tsin Secondary School

7 Everybody is upset because of this tragedy. This fire has hurt many people and destroyed many homes. But even when many victims felt hopeless, some people were very helpful and donated supplies. This showed that people will help each other during difficult times. To the people who are affected by the Tai Po fire, please do not give up! Don't lose all hope. Try to let go of your stress and look forward. You should also take some time to unwind, especially if you feel depressed. May God bless you all.
Hui Ting-ting, 12,
St Paul's Convent School

8 May you find strength in the support of loved ones and the compassion of neighbours and strangers alike. Though the road to recovery seems long, may each day bring you a step closer to healing and rebuilding. We are sending our deepest empathies and hope for brighter days ahead.
Wong Chor-kiu, 16,
Fung Kai No 1 Secondary School

I am deeply saddened to hear about the fire. The ... gers have been working hard to support the victims. You do not ...ve to navigate this recovery alone. ...ome or a loved one, ...st important ...hing will be ...mporary ...ng

15-21 Dec 2025

8 May you find strength in the supp... of loved ones and the compassion of neighbours and strangers alike. Though the road to recovery seems long, may each day bring you a step closer to healing and rebuilding. We are sending our deepest empathies and hope for brighter days ahead.
Wong Chor-kiu, 16,
Fung Kai No 1 Secondary School

Lam Foundation Secondary School

via this form by 12pm on Wednesday, December 17.

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Books that made an impression

Our readers love reading, naming popular series like 'Percy Jackson' and 'The Hunger Games' and classics like 'The Great Gatsby' and 'The Little Prince' as ones that left an impact



1 *The Lightning Thief* by Rick Riordan, the first instalment in the *Percy Jackson & the Olympians* series. I read it in Form One, and it sparked my love for reading. Percy taught me that vulnerability can be a strength. His dyslexia and ADHD, seen as weaknesses, turned out to be signs of his demigod status. This made me realise that what some view as flaws can actually be unique strengths. The story brought ancient Greek myths to life, making them exciting and relevant. I learned about gods and monsters in a modern context, rath[er] from textbooks. Most importantly, the book emphasis[es] Percy, Annabeth and Grover support [each] showing that [we] **Poon[...]**

2 T[...] M[...] a[...] t[...] d[...] **Mok Kwa[...] Shek Ton[...]**

3 *the Sea* fisherma[n] seems s[o] resilience, dignit[y] Santiago, not on[ly] but also, in time, unavoidable, he r[e]ach the real victory is we fail in the end, it's a victory. The s[tory] willpower. It is enco[ur]aging face adversity, we m[ay] **Chu Tsz-ming, 17, C[...] SC Chan Memorial [...]**

4 *The Great* The tragic l[ove] the America[n] Carraway, the [...] West Egg on [...] becomes int[o] Jay Gatsby. The wealth[y] with reuniting with [...]an. But at the end, Gatsby i[s] [...]gic death. This story is n[ot] [...]t but also carries a meaningful [...] **Jovina C[...] [...]nossian College**

5 *The Little Prince* by Antoine de Saint-Exupéry is not just a children's story but also a wise classic that touches readers of all ages. What drew me in most was the deep meaning behind its simple plot. The prince visits many planets and meets absurd people – a king with empty fame, a businessman counting stars blindly. These characters show how adults get lost in greed and vanity, forgetting life's pure joy. The fox's lesson, "You become responsible, forever, for what you have tamed," teaches me to cherish what I care about. The book's simple, warm language makes it easy to read yet thought-provoking. It reminds me to keep a pure heart.
Yao Likming, 14, Fung Kai No 1 Secondary School

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Yao Likming, 14, Fung Kai No 1 Secondary School

6 *The Hunger Games* forced me to feel the story, not just read it, from Katniss' terror in the arena to her disgust at the Capitol's extravagance. I was thrown into a brutal world where defying a cruel government meant navigating violence, politics and a fight for life. The book's darkness was unsettling but it forced me to confront hard truths about power and sacrifice. It became more than a dystopian adventure; it became a lesson about how unfair the world can be and how the media can turn suffering into entertainment for people to watch.
Yip Oi-ying, 17, Pui Kiu College

7 The *Once Upon a Broken Heart* series by Stephanie Garber. The romantic subplot, alongside the travels and hardships of the main characters, Evangeline and Jacks, was captivating. This was by far the best [...] and how the [...]ith each [...]as



[...]us [...]ur [...]at [...]ory. [...]ining [...]Lord. [...]yptian gods, [...]t the scenes are [...]ng has also been influenced by it. I am sure almost anyone would find it unforgettable.
Sophie Ng, 13, Holy Trinity College

22-28 Dec 2025

THIS WEEK'S QUESTION

"What is something you're hopeful about for the new year?"

To take part, drop us a line via this form by 12pm on Wednesday, December 24.

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Wishful thinking

From endless kindness and time, to unlimited food and fresh water, discover what our readers value most beyond money

1 I desire limitless, genuine kindness. Kindness is a warm and powerful force that costs nothing yet means a great deal. It warms cold hearts, reduces conflicts and transforms the world into a more gentle and harmonious place to live.
Zhao Shuang-fei, 16, Fung Kai No 1 Secondary School

2 Time. I am constantly busy, rushing to comp… everything … refine… … to slow… mo… sim… **V…**

4 …there… milk and… out. I wish for … love and companionship to last … **Lai Yan-ying, 17, Po Leung Kuk Mrs M… Ming Cheung Fook Sien College**

5 I want an unlimited supply of food. Food is essential for our survival, providing the nutrients we need to live. It plays a crucial role in our lives. If I face any disaster or find myself out of work, having an unlimited supply of food can sustain me and serve as a source of spiritual support.
Siu Wing-huen, 16, Carmel Alison Lam Foundation Secondary School

7 Happiness can manifest in many ways. For example, enjoying delicious food, watching my favourite singer perform, or buying something I like. These are all the spiritual satisfactions that happiness brings me. This cannot be measured in money.
Grace Leung Chin-ching, 15, GCC & ITKD Lau Pak Lok Secondary School

8 If I could have an unlimited supply of one thing, it would be food. I would never be hungry or need to spend a lot of money on it. Additionally, I could share it … those who need it.
… 15, Fung Kai Liu Man …ary School

… …limited …n. Good …ion of …it, we …me …r …ealth, I …world, …t. **…ai No …**

…tial resources. …city, air is …resh water is …son cannot survive …

…hinese Christian Churches …y Section)

9 …consequences. As demand for oil continues to rise, it is clear that this resource will eventually run out. If there were an unlimited supply of oil, the world could become a more peaceful place, and gas prices could decrease for all car owners.
William To Yiu-man, 14, Pui Kiu College

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Zhao Shuang-fei, 16, Fung Kai No 1 Secondary School

12-18 Jan 2026

THIS WEEK'S QUESTION

What is your go-to way to treat yourself after a tough week?

To take part, drop us a line via this form by 12pm on Wednesday, January 14.

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Wishful thinking

From endless kindness and time, to unlimited food and fresh water, discover what our readers value most beyond money

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Zhao Shuang-fei, 16, Fung Kai No 1 Secondary School

2 Time. I am constantly busy, rushing to complete everything without any time for refinement. However, having unlimited time would allow me to slow down and savour life's simple moments. I enjoy drawing in nature or simply chatting with my friends at a cafe.
Victoria Liu, 13, St Paul's Co-educational College

3 If I could have an unlimited supply of one thing, I would choose fresh water. While it may seem simple, in a world where clean water is a rarity, it is actually a remarkable advantage. Having a source of water that never runs out means I wouldn't have to choose between my own needs and helping others. I could freely give it to communities that need it. For me, it is gratifying to [illegible] provide something [illegible] ever worrying
Tiffany Wo[illegible] School

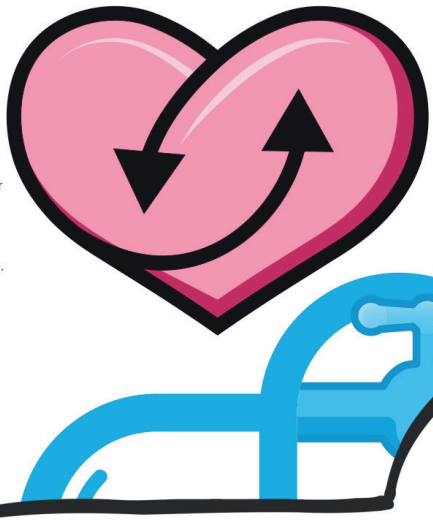
4 [illegible] love [illegible] **Lai [illegible] Min[illegible]**

5 [illegible] a [illegible] as [illegible] **S[illegible] Fo[illegible]**

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Grace Leung Chin-ching, 15, GCC & ITKD Lau Pak Lok Secondary School

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Wong Ning-sum, 15, Fung Kai Liu Man Shek Tong Secondary School

9 I would choose an unlimited supply of good health. Good health is the foundation of everything – without it, we can't enjoy hobbies, spend time with loved ones, or pursue our dreams. With endless good health, I could stay active, explore the world, and live each day to the fullest.
Chow Ching-lim, 16, Fung Kai No 1 Secondary School





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Chow Ching-lim, 16, Fung Kai No 1 Secondary School

[illegible] essential resources. [illegible] ectricity, air is [illegible] fresh water is [illegible] cannot survive

Churches

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SAFETY REGULATIONS RE-EVALUATED

The seat belt law, enacted on January 25, was abruptly suspended soon after.

Although it was intended to improve public safety, the policy had a critical flaw in its implementation: it applied only to buses registered on or after the law's release date. This inconsistency left commuters confused about which rules applied to different vehicles, causing unnecessary chaos.

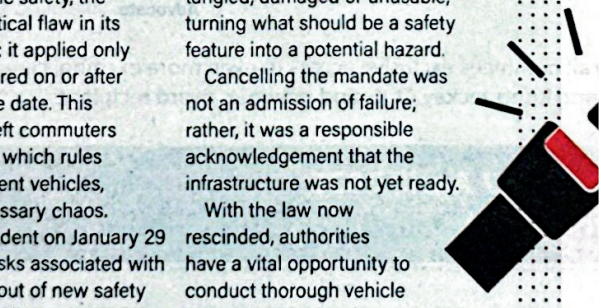
A Citybus incident on January 29 highlights the risks associated with the hurried roll-out of new safety measures. According to police reports, a passenger was trapped on a bus for about 45 minutes due to a jammed and faulty seat belt.

This problem was particularly evident in older fleet models. In many of these vehicles, safety equipment was found to be tangled, damaged or unusable, turning what should be a safety feature into a potential hazard.

Cancelling the mandate was not an admission of failure; rather, it was a responsible acknowledgement that the infrastructure was not yet ready.

With the law now rescinded, authorities have a vital opportunity to conduct thorough vehicle inspections and make necessary upgrades.

Chuengjadee Chulawat, Fung Kai No 1 Secondary School



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Chuengjadee Chulawat, Fung Kai No 1 Secondary School

AI VERSUS THE CLASSROOM

The rapid rise of artificial intelligence (AI) has sparked a global debate: should high school students shift to AI-driven self-study at home, or is the traditional classroom still essential?

While AI provides unprecedented access to information, the human aspect of education is irreplaceable.

Celine Mak, a Form Four student, shared her thoughts: "AI is incredibly helpful for providing immediate feedback, such as correcting compositions. However, I still prefer the school environment because it offers the structure and discipline I need to truly focus on my studies."

Parents express this sentiment, emphasising the developmental importance of the classroom.

"I truly believe that face-to-face instruction is better for middle and high school students," one parent remarked.

While AI-powered self-study may seem efficient at first glance, many educators, parents and students disagree. The collaborative environment found in schools provides advantages that technology alone cannot replicate.

As AI continues to advance and students increasingly depend on it, the traditional school experience will remain an essential foundation.

Tania Wong Cheok-lam, Pui Ching Middle School (Macau)

Special thanks to:

South China Morning Post

Young Post Club

And all FK1SS students who participated

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