



Principal Wong (middle left) and Events Coordinator Chan (middle right) with the School Team

Golfing

is Educating

高球也是教育一環

In 2012, initiated by Principal and alumnus Wong Tsang Cheung from Fung Kai No.1 Secondary School (FK1SS) in Sheung Shui and a few other teachers including Events Coordinator Chan Yip Leung, the Fung Kai Sports Committee, which comprises of their two secondary schools and three primary schools, established their very own Fung Kai Affiliated Schools Golf Development Scheme. The scheme was to provide students with a chance to experience golf during their school life.

上水鳳溪第一中學的校友及校長黃增祥連同活動主任陳業樑等眾位老師，在 2012 年鳳溪體育委員會屬下的五間中小學推行「鳳溪屬校高爾夫球發展計劃」，為學生的校園生活點滴加上一記高爾夫球。

The Scheme

The 300 Form 1 and 2 students in FK1SS will attend 4 sessions of basic golf as a core unit in their curriculum each year. Interested students can subsequently join the Golf Society and amongst the 20 interested students, 10 of them will be selected to join the school's golf team. Apart from practising at the driving range on campus, students also have a chance to practise golf at the driving range of The Hong Kong Golf Club as well as participate in exchange programmes in Zhaoqing, west of the Pearl River Delta in China. "It is only by understanding and trying out other golf courses will students be able to learn better," explained Wong who majored in Geography. "We certainly hope that there will be inter-school golf competitions and that in the long run, golf will become a sport for life for our students."

Thanks to alumnus and pioneer Olivia Cheng for partnering with The Clearwater

鳳溪屬校高爾夫球發展計劃

鳳溪第一中學的 300 位中一、二年級學生每年均有四堂高爾夫球必修課，有興趣的同學可以參加學會，現時學會的 20 位成員中有 10 位獲選入校隊作訓練。除了學校的練習場外，校隊更有機會到鄰近的粉嶺高爾夫球會練習場向該會教練學習，或到中國肇慶參加集訓或交流活動。任教地理科的黃校長解釋：「學生要多見世面，了解外面的場地變化和其他教練所教技巧才能提升自己。我們亦希望將來有高爾夫球學界賽事，令學生有機會參賽，長遠令高球成為他們的終身運動。」

全賴校友鄭文雅與清水灣鄉村俱樂部在今年年初攜手成立高球用具回收計劃以及校監和總教



Bay Golf & Country Club in running the 'Used Golf Equipment Recycling Programme' earlier in 2014 together with School Director and Head Coach Liu Yuen Ming, FK1SS now has over 4000 golf balls, 12 driving range mats, 300 golf clubs and 10 golf bags.

Spread the Word

The vast expanse of the campus has given FK1SS opportunities to develop golf as one of the school's specialty sports in addition to archery and tree climbing and the school's many famous sports. The school also has plans to build a few putting greens and extend the depth of the driving range. When asked how the pioneer would advise other schools in getting students involved in golf, "We are willing to share the venue with other schools so more students and their parents can get to experience golf, and hopefully we could become the base for school golf in the Northern District," Chan

練廖遠明的指導，學校現有超過 4,000 個高爾夫球、12 塊練習場地墊、300 支球桿和 10 個球袋，供師生使用。

公諸同好

素來以訓練傑出運動員見稱的鳳溪第一中學，校園之大令高爾夫球、射箭和攀樹可成為學校的三大特色運動。學校未來更期望擴大練習場範圍及加設短桿練習場。問到開創高球課先河的鳳溪對其他學校有何建議，陳老師回答：「我們希望學校可發展成為北區學校的高爾夫發展基地，故本校願意借出場地供其他有興趣發展高爾夫的學校使用，令學生家長也能接觸高爾夫球。至於如何在校內推動，最重要的先是令體育老師

said delightfully. "The key is to introduce the sport to the sports teachers and once they become interested, the next step will be gathering coaching resources and adjusting the curriculum."

Meet the Vibrant Newbies

"I like the sound of a golf club hitting a ball." "The beautiful environment of the campus has allowed me to play a relaxing game of golf." "When I see a professional golfer playing on TV, I'd love to go have a round of golf myself." "I wish I could have started golf earlier." These are the words from the FK1SS school team, who has demonstrated improvements in discipline, manners and skills after having joined the scheme for just over a year. What if golf becomes a part of the school curriculum or list of activities? This must be the basis for the 'future'.

認識及喜愛此項運動，再而考慮將此帶進學校及找教練等資源配備。」

高球新手感言

「我很喜歡球桿打觸碰球時『啪』的聲響。」、「學校優美的環境令我們可以輕鬆舒暢的打球。」、「當我看見專業的球員比賽時，我也有立刻去打球的衝動。」、「我希望可以在小學時更早接觸到高爾夫。」... 這都是鳳溪第一中學校隊成員的心聲。過去一年來，老師看見他們的是紀律、禮儀和技術上的進步。試想如果高爾夫能成為學校活動或課程之一，以後會如何？我們看到的，就是「明天」。